

For further information:

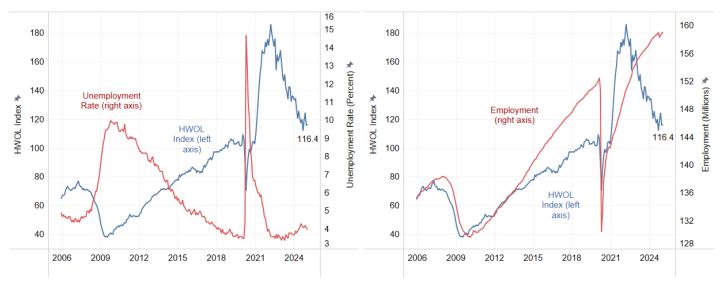
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Online Labor Demand Increased in January

NEW YORK, February 12, 2025...*The Conference Board–Lightcast Help Wanted OnLine® (HWOL)* Index increased in January 2025 to 116.4 (July 2018=100), up from a downwardly revised 116.1 in December. The 0.3% increase between January and December followed a 6.8% decrease between December and November. Overall, the Index is down 12.8% from one year ago.

The HWOL Index measures the change in advertised online job vacancies over time, reflecting monthly trends in employment opportunities across the US. The Help Wanted OnLine® Index is produced in collaboration with Lightcast, the global leader in real-time labor market data and analysis. This collaboration enhances the Help Wanted OnLine® program by providing additional insights into important labor market trends.

Help Wanted OnLine® (HWOL) Index: United States, seasonally adjusted, January 2025



[July 2018=100]

Sources: The Conference Board, Lightcast, Bureau of Labor Statistics © 2025 The Conference Board. All rights reserved.

The release schedule, national historic table and technical note are available on The Conference Board website, http://www.conference-board.org/data/helpwantedonline.cfm. The underlying data for The Conference Board HWOL is collected by Lightcast.

Table 1. HWOL Data Series: Total ads by Census Division, seasonally adjusted, January 2025

Area ¹	Total Ads ² (Thousands)
United States	6,438.3
New England	384.0
Middle Atlantic	730.6
East North Central	921.8
West North Central	491.7

Area ¹	Total Ads ² (Thousands)
South Atlantic	1,319.8
East South Central	330.6
West South Central	722.3
Mountain	574.3
Pacific	961.1

Source: The Conference Board, Lightcast

- 1. Census Divisions defined by the U.S. Census Bureau
- 2. Ad levels are seasonally adjusted and may not add up to the total US count
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Table 2. HWOL Data Series: Total ads by State, seasonally adjusted, January 2025

State	Total Ads ¹
	(Thousands)
Alabama	84.6
Alaska	23.6
Arizona	146.7
Arkansas	43.3
California	641.4
Colorado	163.9
Connecticut	82.2
Delaware	21.1
Florida	433.9
Georgia	192.9
Hawaii	34.4
Idaho	36.4
Illinois	246.0
Indiana	125.7
Iowa	67.1
Kansas	68.2
Kentucky	72.7
Louisiana	70.5
Maine	29.3
Maryland	105.8
Massachusetts	184.5
Michigan	183.9
Minnesota	135.3
Mississippi	36.2
Missouri	123.4

State	Total Ads ¹ (Thousands)
Montana	26.5
Nebraska	43.3
Nevada	73.1
New Hampshire	42.3
New Jersey	172.3
New Mexico	44.9
New York	321.1
North Carolina	218.0
North Dakota	27.1
Ohio	233.9
Oklahoma	65.7
Oregon	99.0
Pennsylvania	237.6
Rhode Island	26.5
South Carolina	97.8
South Dakota	27.5
Tennessee	137.7
Texas	543.4
Utah	71.7
Vermont	17.9
Virginia	191.1
Washington	165.5
West Virginia	22.5
Wisconsin	131.8
Wyoming	11.1

Source: The Conference Board, Lightcast

- 1. Ad levels are seasonally adjusted and may not add up to the total US count
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Table 3. HWOL Data Series: Total ads by selected MSAs, seasonally adjusted, January 2025

Total Ads ²	
MSA ¹	(Thousands)
Birmingham, AL	22.5
Phoenix, AZ	113.2
Tucson, AZ	20.6
Los Angeles, CA	208.8
Riverside, CA	55.2
Sacramento, CA	42.6
San Diego, CA	64.2
San Francisco, CA	100.4
San Jose, CA	49.8
Denver, CO	98.1
Hartford, CT	33.1
Washington, DC	148.5
Jacksonville, FL	35.1
Miami, FL	120.1
Orlando, FL	54.8
Tampa, FL	74.0
Atlanta, GA	120.7
Honolulu, HI	22.3
Chicago, IL	190.1
Indianapolis, IN	50.8
Louisville, KY	27.8
New Orleans, LA	24.3
Baltimore, MD	58.8
Boston, MA	143.4
Detroit, MI	82.8
Minneapolis, MN	98.7

MSA ¹	Total Ads ² (Thousands)
Kansas City, MO	58.8
St. Louis, MO	58.0
Las Vegas, NV	47.6
Buffalo, NY	23.2
New York, NY	318.5
Rochester, NY	26.0
Charlotte, NC	59.7
Cincinnati, OH	49.7
Cleveland, OH	44.9
Columbus, OH	52.1
Oklahoma City, OK	30.9
Portland, OR	64.7
Philadelphia, PA	121.3
Pittsburgh, PA	55.1
Providence, RI	35.2
Memphis, TN	22.2
Nashville, TN	61.2
Austin, TX	70.4
Dallas, TX	166.9
Houston, TX	114.3
San Antonio, TX	45.5
Salt Lake City, UT	39.4
Richmond, VA	38.2
Virginia Beach, VA	47.7
Seattle-Tacoma, WA	105.5
Milwaukee, WI	41.1

Source: The Conference Board, Lightcast

- 1. Metropolitan areas are based on 2013 OMB county-based Metropolitan Statistical Area (MSA) definitions
- 2. Ad levels are seasonally adjusted and may not add up to the total US count
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PROGRAM NOTES

Prior to 2020, The Conference Board constructed the HWOL Index based solely on online job ads over time. Using a methodology designed to reduce non-economic volatility contributed by online job sources, the HWOL Index served an effective measure of changes in labor demand over time.

Beginning January 2020, the HWOL Index was refined as an estimate of change in job openings (based on BLS JOLTS), using a series of econometric models which incorporate job ads with other macroeconomic indicators such as employment and aggregate hours worked. By adopting a modeled approach which combines other data sources with data on online job ads, the HWOL Index more accurately tracks important movements in the labor market.

HWOL Annual Revision. With the May 2024 press release, the HWOL program has incorporated its annual revision, which helps ensure the accuracy and consistency of the HWOL Data Series. This year's annual revision includes updates to the Occupational coding, the Industry coding, and the Geography coding for the HWOL Data Series from January 2015-forward. The HWOL Index has also been updated from January 2020-forward.

In August 2024, Lightcast and The Conference Board identified a technical coding error in the HWOL Data Series. The HWOL Data Series was historically revised from March 2024-present with the release of the July 2024 data.

The Conference Board-Lightcast Help Wanted OnLine® (HWOL) Index measures changes over time in advertised online job vacancies, reflecting monthly trends in employment opportunities across the US. The HWOL Data Series aggregates the total number of ads available by month from the HWOL universe of online job ads. Ads in the HWOL universe are collected in real-time from over 50,000 online job domains including traditional job boards, corporate boards, social media sites, and smaller job sites that serve niche markets and smaller geographic areas.

Like The Conference Board's long-running Help Wanted Advertising Index of print ads (which was published for over 55 years and discontinued in July 2008), *Help Wanted OnLine®* measures help wanted advertising—i.e. labor demand. The HWOL Data Series began in May 2005 and was revised in December 2018. With the December 2018 revision, The Conference Board released the HWOL Index, improving upon the HWOL Data Series' ability to assess local labor market trends by reducing volatility and non-economic noise and improving correlation with local labor market conditions.

In 2019, Lightcast (formerly Emsi Burning Glass) joined the *Help Wanted OnLine®* program as the new sole provider of online job ad data for HWOL. With this partnership, the HWOL Data Series has been revised historically to reflect a new universe and methodology of online job advertisements and therefore cannot be used in conjunction with the pre-revised HWOL Data Series. The HWOL Data Series begins in January 2015 and the HWOL Index begins in December 2005. HWOL Index values prior to 2020 are based on job ads collected by CEB, Inc.

Those using this data are urged to review the information on the database and methodology available on The Conference Board website and contact us with questions and comments. Background information and technical note and discussion of revisions to the series are available at: http://www.conference-board.org/data/helpwantedonline.cfm.

About The Conference Board

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About Lightcast

As the global leader in labor market analytics, Lightcast illuminates the future of work with data-driven talent strategies. Formerly Emsi Burning Glass, Lightcast finds purpose in sharing the insights that build communities, educators, and companies, and takes pride in knowing our work helps others find fulfillment, too. Headquartered in Boston, Massachusetts, and Moscow, Idaho, Lightcast is active in more than 30 countries and has offices in the United Kingdom, Italy, New Zealand, and India. Lightcast is backed by global private equity leader KKR. https://lightcast.io/

Data for the Month	Release Date
February	March 12, 2025
March	April 9, 2025
April	May 7, 2025

Help Wanted OnLine® Publication Schedule

May June 16, 2025 June July 14, 2025

July August 11, 2025

August September 10, 2025

September October 8, 2025

October November 12, 2025

November December 10, 2025

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